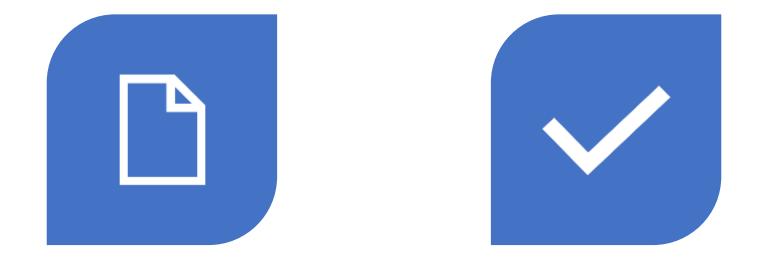


**SITUATION** STATE AND A STATE



# Download class24





To forgive is to set a prisoner free and discover that the

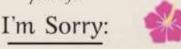
prisoner was you. Visit www.bmabh.com For More Quotes.

Louis B\_Smedes

# Ho'oponopono -The Four Mantras:

Ho'oponopono is about taking responsibility for everything that affects your state of being. It's the art of acceptance, forgiveness, and cleansing of the energies that you attract into your life.





When you say "I'm sorry", you are recognizing and accepting responsibility for the actions, thoughts, and emotions that have caused conflict to manifest into your reality. Please Forgive Me:

The words "please forgive me" are said as a request to make amends with your higher self and the universe alike.

## Thank You:

"Thank you" is the opportunity to show gratitude to your higher self as well as the universe for allowing your negative thoughts, actions, and emotions to be cleared. I Love You:

"I love you" can be emitted out to the universe (God, source energy etc) as a form of gratitude. When you use the words in this way you are saying "I love you for allowing me this earth experience"



## SC wary of denotifying Waqf-by-user lands

CJI Khanna, hearing around 100 petitions over the Waqf Act, proposes a three-point interim order to 'balance equities', court adjourns hearing without passing any interim order, petitioners questions provision in the 2025 Act which mandated a person to prove he had been a practising Muslim for 5 years before dedicating his property as Wagf

ee Many of these Wagfs were created

hundreds of sears ago.

Where do you find

C.II recommends Justice B.R. Gavai us his successor

NEW DRLM

INSIDE

Chief Justice of India Sarev Khanisa, who is set to retire on May 13, on Wednesday recommended Justice B.R. Gaval to the government for appointment as the stand the Justice of tridla. = PAGE 4

#### 'Murshidabad violence was pre-planned'

SITERATA Describing the statement in Monitolistical as "propherical communical risks", Wash Bengal CM Marrists Barresjon on Wednesday card the Union government should be held ponsible if elements from Bangladesty wars found to be numbered in the riots, to make a

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#### **HC**grants interim Summer splash protection from arrest to Kamra

MUMINAL The Boendray High Court on The Borning High Court on Wednesday reserved its antike an commutan Kannal Kannah polition to quash an FIR registered agenetic two over romarka on Mahareehit Toolay Copung CM Cenath Shinde. The sourt derested Mandeal Politice net to annext Remove and the anter is present remove and the anter is present remove and the sourt derested for the sourt of the source of the sourc

#### Trump orders tariff probe into critical minerals

U.S. President Donald Trump in Turneday andered in trade-related probe into risks to U.S. national security from ruliance on processed critical minerals and their derivatives detecting U.S. Commerce and interaction and other function 232 of the U.S.'s Trade Expl

The Hindu Bureau

AIADMK general secretary

and Leader of the Opposi-tion in the Assembly, Edap-padi K. Palaniswami, on Wednesday made it clear

that there wisild be no coa

Dravidian major-BIP al-

Base capturing power in the 2026 Assembly election.

election. Asked about observa-tions of Union Minister for Home Affains Anni thah at the press conference last weak in Chexnai wherein ha had announced the coming logidher of the two parties, Mr. Palantiavami, who met the needla for the

CM ANDIOLOGIA

lition government in Tamil Nadu in the event of the

non-Waqf properties. These would include pro-perties categorised as "Waqfby user" or Waqf by long usage without formal documentation or registra-tion, Waqf by declaration or tentmenter. Cristmadas Balagopal he Supreme Court wednesday along of the Ward Ormend-sions of the Ward Ormend-recognised the "esta-bland" Ward-by-user category of property, al-lowed non-Musifus into Ward administrative bonr "otherwise". Record, the Chief Jus-tice mooted that the designated government officer could continue to look into whether a property was Wadf or government's, but Waqf or government a Waqf or governments freezdies, and granted the state power to determine if a property was Waqf or government's. ing the use of the property in the meanwhile as Wanf

accorrangement's. During of around 100 peth-tions in a packed cour-treem, Chief justice of in-treem, Chief justice of in-a three-justice, went on to propose a three-point interim order to "lus-lance equites" on all sides in the case. muld be stayed. Third, Chief justice Third, Chief Justice Khanna milled giving the go-ahead to the appoint-ment of no-Muslima as ex-officio members in the second second second second warf Boards, provided the other manihers were Muslima. However, the govern-ment railed the passing of any investme order, seeking case was addourned to 2

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first time after the develop-ment, emphasised that the Union Multimer did not mention about power shar-ing in the State. "It's had only stated that the ALADME RIP aliance would form the Inext] go-wersment." Mr. Balances

vernment," Mr. Palaniswa-

Orging the media "not to misunderstand" the re-marks of Mr. Shah, the

marks of Mr. Shah, the AlADME leader said the Union Minister had stated that the electrions would be fought under the leader-ship of Prime Munister Na-rendra Modi at the national level and under his Mr. Pa-lantswarrd. leader-ship in Turnit Nuder, "You Hue me

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'Don't minunderstand'

mi observed.

Three points First, he suggested that properties already de-clared Waqf by courts need not, for the time being, he denotified or treated as care was adjourned to 2 p.m. on Thursday without an interim order or is-

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dial abouted understand it ins the sight agains). The rulning party's density the rulning party's density of mettic, Mr. Palaniswami wondersd why the DMR aboutd feel upset over his party's descroad the up with others. "Why should it be about in this free when

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ment]? We have forged the

alliance because we want to return to power. It is our wish to have an alliance

with others," he observed, contending that the DMK had "no completence" to advise his party as to with which it should form the

On the inne of whether

On the issue of whether the alilance was formida-ble or not, he add only the decempt and the second second decempt and the second second decempt and the second second the second second second second the second second second second here to bring together all those here not dislocing the nu-lex blue term proceed by election together. As the first move rewards this di-rection, the RIP has come to use?

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Raising

suance of notice to the Gentre. The Chief Justice said the court would not nor-mally intervens with legis-lation passed by Parlie ment, but there were exceptions. The Chroniced when of Worthware were "Before the Britishers came, we did not have land registration law of Transfer of Property Aci, Many of the magints were con-structed in the Hth, 10th, and 17th contrastics. Asking them to produce a regis-transmission of the second second transmission of the second second second transmission of the second second second transmission of the second second second second second transmission of the second second second second second transmission of the second second second second second second transmission of the second second second second second second transmission of the second second second second second second transmission of the second second second second second transmission of the second second second second second second transmission of the second transmission of the second secon tion of Waqf-by-user pro-parties would lead to a "mage problem". impossibility, like in the case of Jama Magid, which is Waqf by user property. If

ee Denomication of Waqf by-user presentations security letters to a huse problem. Many of the mosticls were constructed in the Mils. Sth and 17th centuries Asking them to produce a sale deed now is an impossibility Contraction of Institute

you had antibilished 'Waqf by-mor' in the versions of the Waqf Act prior to the 2028 Amendment Act, can it be made void now?" Chief Justice Rhanna asked Solicitor-Connecal Tushar Mehta who was represent-ing the Union government. ing the Union government Senior advocate Kapil Sibal, for the petitioners, said "who was the state to

say I cannot be a Waqf by user? Many of these Waqfs were created hundreds of your ago. When do you of the says when a solution of the says and solution Senior advocate A.M. Singhrvi, also for the peti-licrosers, said four out of eight labb Waqfs were Waqfby user properties. prove to the state that I am a good Mualim," Mr. Sibal said. Mr. Mahta said if a Mualim wanted to do charity, he could come out of the Waqf fold and perform his benevolence. Senior advocate Rajeev bhavan said the basis of the petitioners' attack was that a Waqf was essential to blam, "Charity is an essen-"How to register?" Mr. Mehts said these prohttp://www.self.com/ pertise.com/self.com/ Bart the CJI asked bow the government intended to "register" Waqf.by-user" There would be no documents. The pettioners quatial practice of lalam. The Act triggers a loss of con-trol of our religion in fa-your of the state," he maharminterel.

adomitted. Institute K.V. Vicewanathan asked when Hindu reli-gious endowmonts were controlled by Hindus, could a law allow persons from other religions to gov-ern. Waqf administrative Institute. The petitioners qua-tioned a provision in the 2025 Act which mandated a person to prove be had been a praviliary Musiles for five years before dedi-cating his property as Waqt. This clause, they said, was a violation of Arti-cle 28 (the right to form and maintain institution interview of form the nlies. Mr. Mehta objected to petitioners' argument that the Centre had "unarped" the Central Waqf Council, Gil Khanna also referred intents) of the Constitution. "In short, I have to to the communal violence in West Bengal over the Act as "very disturbing".



India and China speed up

Clearing the way: The Yatra was suspended during the pandemi

<sup>2</sup>Narrowing gaps<sup>3</sup> In previous years, lucium computerised lottery aya-tem in the first week of May to choose the pilgrimm, and Officials sold they were greeement to resume the pilgrimage at the earliest, see as not to risk delaying the process or currailing the process or currailing the process or currailing the process of the articular.

An official in the Ku-naon Mandal Yikas Nigam also confirmed that preparatory work is underway. The official added that arrangements are being made to take the pilgrime by special transport from Dharchula to Lipulekh puss, saving them a trek of about 90-100 km, which would have taken a few

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and had remained an over hunder tenators, nateres anothening tation (WMCC) on Indiatation (WMCC) on India-China border affinity. Charges for the Yairu this year will also increase considerably from 6 years ago, the official asid, as rates for accommutation and transportation have both indian and Chinese

both Indian and Chinese sides. "[The two sides] ex-changed views on early re-sumption of cross-border conjugation and exchange es, including on trans-bor-der rivers and Kailash-these sizes and Kailash-Journey. The resumption of the Mansarovar Yutra," a press statement issued after the 33rd WMCC meeting on

pilgring process was dis-cussed between External Affairs Minister 5. Jaieban-kar and Ghinese Fereign Miniater Wang Yi when they met in November, 2028, on the sidelines of the G-20 summit in tranil to rede Generated the Between March 25 this year read. The Kailash Manaarovar Yaira is organised by the Ministry of External Affairs, the Ministry of Home Affairs, the Indo Tibetan Border Police, the Delhi, to take forward the Prime to take forward the Prime Minister Narendra Modi-President Xi Jinping meet-ing in Kasan in October 2024. sikkim and Uttarakhand governments; and stati agencies, including the Ku Mandal

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2024. In January, Iruka's Per-reign Necretary Vikram Miari had vinited Beijing, where the issue was at the top of the agenda. In an un-unual move, the issue was also allocusied by the Working Machanism for Consultantion and Consult Vila Nigam. The pilgrimage was held until 2020 through the two The pilgrimage was held until 2020 through the two official routes of Lipslekh Pass in Ottarakhand eince 1960 and the Nather Le Puss osnos 2010 in Sikkins. OWth inguts from Ishita Mishroj

distant.

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The Manuarwar pil-grimage used to bie held between June and septem-ber each year until China withdrew facilities for visit-ing indians during the CO-VID-19 pandemic, and the pilgrimage remained au-pended due to tenotons at the June of Actual Control

The Ministry of Esternal Affairs has converted a moving of all the twolved agencies on April 21, sourc-en add.

parties are expected to join us shortly," the ALADME On the issue of Rate are benously. Mr. Palantewant benously. Mr. Palantewant which had enjoyed power at the Center for 16 years, had taken steps to bring in providem would have ari-sen. "As it (the INME) is not providen would have ari-sen. "As it (the INME) is not Centrel, he Chief Minister M.K. Stahn) is insting state others. It is emacing this drama for the purpose." On the issue of litate at tays otherwise. The Mansarovar pil-

breakthrough "shortly", According to officials, talks have been narrowing the gaps in outstanding issues, including checking infras-tracture on both sides, and tracture on both sides, and reviving logistical systems for a smooth process of tra-'No coalition govt. if AIADMK-BJP alliance wins'

As for the entry of oth-

parties into the AIADMR lod front, he said there was

still time - one year - to go for the efection. "Many

chief pointed out.

# SC wary of denotifying Waqf-by-user lands

CJI Khanna, hearing around 100 petitions over the Waqf Act, proposes a three-point interim order to 'balance equities'; court adjourns hearing without passing any interim order; petitioners questions provision in the 2025 Act which mandated a person to prove he had been a practising Muslim for 5 years before dedicating his property as Waqf

#### **Krishnadas Rajagopal** NEW DELHI

he Supreme Court Wednesday on questioned provisions of the Waqf (Amendment) Act, 2025 which derecognised the "established" Waof-by-user category of property, allowed non-Muslims into Waqf administrative bodies, and granted the state power to determine if a property was Waqf or government's.

During the two-hour hearing of around 100 petitions in a packed courtroom, Chief Justice of India Sanjiv Khanna, heading a three-judge Bench, went on to propose a threepoint interim order to "balance equities" on all sides in the case.

#### Three points

First, he suggested that properties already declared Wagf by courts need not, for the time being, be denotified or treated as

non-Waqf properties. These would include properties categorised as "Waaf-by-user" or Waaf by long usage without formal documentation or registration, Waof by declaration or "otherwise".

Second, the Chief Justice mooted that the designated government officer could continue to look into whether a property was Waqf or government's, but a connected proviso freezing the use of the property in the meanwhile as Waqf Aulad. This alters the principle that

could be staved. Third, Chief Justice Khanna mulled giving the go-ahead to the appointment of non-Muslims as exofficio members in the Central Waof Council and Waqf Boards, provided the other members were

Muslims. However, the government stalled the passing of any interim order, seeking more time to argue. The case was adjourned to 2 p.m. on Thursday without an interim order or is-



TUSHAR MEHTA Solicitor-General dedication of a Wagf of India

suance of notice to the Centre.

is absolute

The Chief Justice said the court would not normally intervene with legislation passed by Parliament, but there were exceptions. The CJI voiced concern that denotification of Waqf-by-user properties would lead to a "huge problem".

Wagfs were created If a Muslim wanted to do charity, he could come out of the Waqf

"Before the Britishers

came, we did not have land

registration law or Transfer

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the masjids were con-

structed in the 14th, 15th,

and 17th centuries. Asking

them to produce a regis-

tered sale deed now is an

impossibility, like in the

case of Jama Masjid, which

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you had established 'Waqfby-user' in the versions of the Waqf Act prior to the 2025 Amendment Act, can it be made void now?" Chief Justice Khanna asked Solicitor-General Tushar Mehta who was representing the Union government. Senior advocate Kapil

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Chief Justice

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Sibal, for the petitioners, said "who was the state to

say I cannot be a Waqf-byuser? Many of these Waqfs were created hundreds of years ago. Where do you find the records?"

Senior advocate A.M. Singhvi, also for the petitioners, said four out of eight lakh Waqfs were Waqf-by-user properties.

#### 'How to register?'

Mr. Mehta said these properties could be registered. But the CJI asked how the government intended to "register" Waqf-by-user? There would be no documents.

The petitioners questioned a provision in the 2025 Act which mandated a person to prove he had been a practising Muslim for five years before dedicating his property as Waqf. This clause, they said, was a violation of Article 26 (the right to form and maintain institutions for religious and charitable of the intents) Constitution.

"In short, I have to

prove to the state that I am a good Muslim," Mr. Sibal said.

Mr. Mehta said if a Muslim wanted to do charity, he could come out of the Waqf fold and perform his benevolence.

Senior advocate Rajeev Dhavan said the basis of the petitioners' attack was that a Waqf was essential to Islam. "Charity is an essential practice of Islam. The Act triggers a loss of control of our religion in fayour of the state," he submitted.

Justice K.V. Viswanathan asked when Hindu religious endowments were controlled by Hindus, could a law allow persons from other religions to govern Waqf administrative bodies.

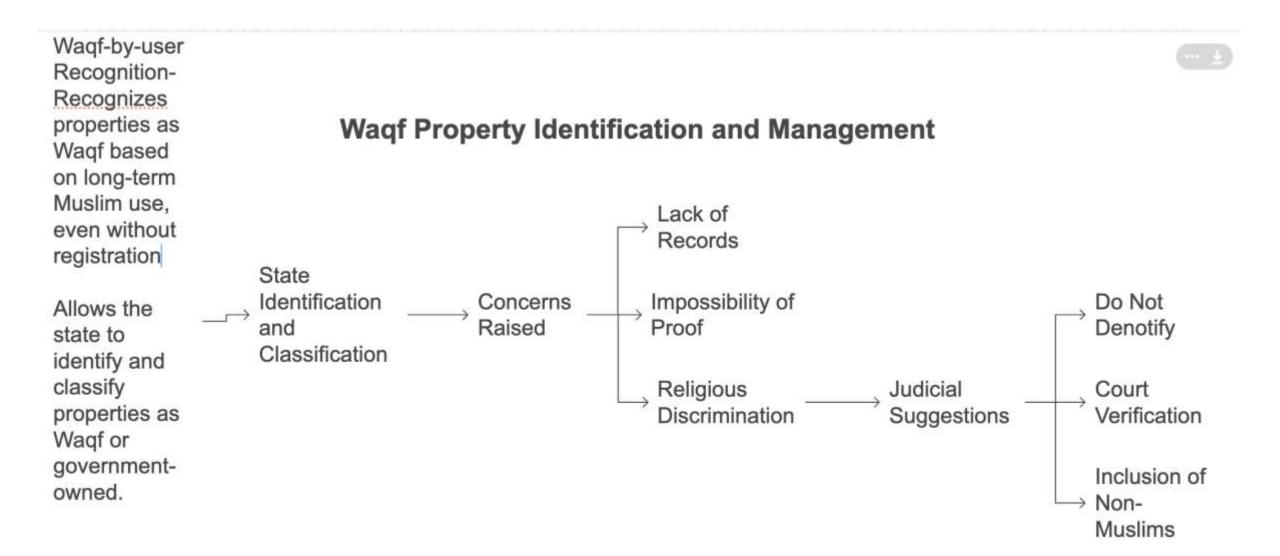
Mr. Mehta objected to petitioners' argument that the Centre had "usurped" the Central Waqf Council.

CII Khanna also referred to the communal violence in West Bengal over the Act as "very disturbing".

# Supreme Court Hearing on Waqf Act







# Q. Consider the following statements regarding the Waqf (Amendment) Act, 2025:

- 1. The Act allows recognition of Waqf properties based on long-term use by Muslims, even without formal documents.
- 2. The Act mandates that the donor of a Waqf property must prove five years of being a practicing Muslim.
- 3. The Act grants Hindus the right to be included in Waqf administrative boards as equal members.

# Which of the above statements are correct?

A. 1 and 2 only B. 2 and 3 only C. 1 and 3 only D. 1, 2 and 3

# India and China speed up efforts to restart Kailash Mansarovar pilgrimage

#### Suhasini Haidar NEW DELHI

Indian and Chinese officials are speeding up efforts to reach an agreement on restarting the annual Kailash Mansarovar Yatra, which has remained suspended since 2019. The deadline for choosing pilgrims for the Yatra is coming up in a few weeks. Sources said that the two sides have discussed the resumption of the pilgrimage in detail in the last few weeks, and expect a breakthrough "shortly". According to officials, talks have been narrowing the gaps in outstanding issues, including checking infrastructure on both sides, and reviving logistical systems for a smooth process of travel.

The Ministry of External Affairs has convened a meeting of all the involved agencies on April 21, sources said.

An official in the Kumaon Mandal Vikas Nigam also confirmed that preparatory work is underway. The official added that arrangements are being made to take the pilgrims by special transport from Dharchula to Lipulekh pass, saving them a trek of about 80-100 km, which would have taken a few days otherwise.

The Mansarovar pilgrimage used to be held between June and September each year until China withdrew facilities for visiting Indians during the CO-VID-19 pandemic, and the pilgrimage remained suspended due to tensions at the Line of Actual Control



Clearing the way: The Yatra was suspended during the pandemic and had remained so over border tensions. RADHIKA SANTHANAM

after the Galwan killings in tation (WMCC) on India-China border affairs.

#### 'Narrowing gaps'

2020.

In previous years, Indian authorities would set up a computerised lottery system in the first week of May to choose the pilgrims, and Officials said they were keen to complete the sides.

agreement to resume the pilgrimage at the earliest, so as not to risk delaying the process or curtailing the season for making the journey.

The resumption of the pilgrimage process was discussed between External Affairs Minister S. Jaishankar and Chinese Foreign Minister Wang Yi when they met in November. 2024, on the sidelines of the G-20 summit in Brazil to take forward the Prime Minister Narendra Modi-President Xi Jinping meeting in Kazan in October

2024. In January, India's Foreign Secretary Vikram Misri had visited Beijing, where the issue was at the top of the agenda. In an unusual move, the issue was also discussed by the Working Mechanism for Coordination and Consul-

Charges for the Yatra

considerably from 6 years ago, the official said, as rates for accomodation and transportation have been revised upwards by both Indian and Chinese

"[The two sides] exchanged views on early resumption of cross-border cooperation and exchanges, including on trans-border rivers and Kailash-Mansarovar Yatra," a press statement issued after the 33rd WMCC meeting on March 25 this year read.

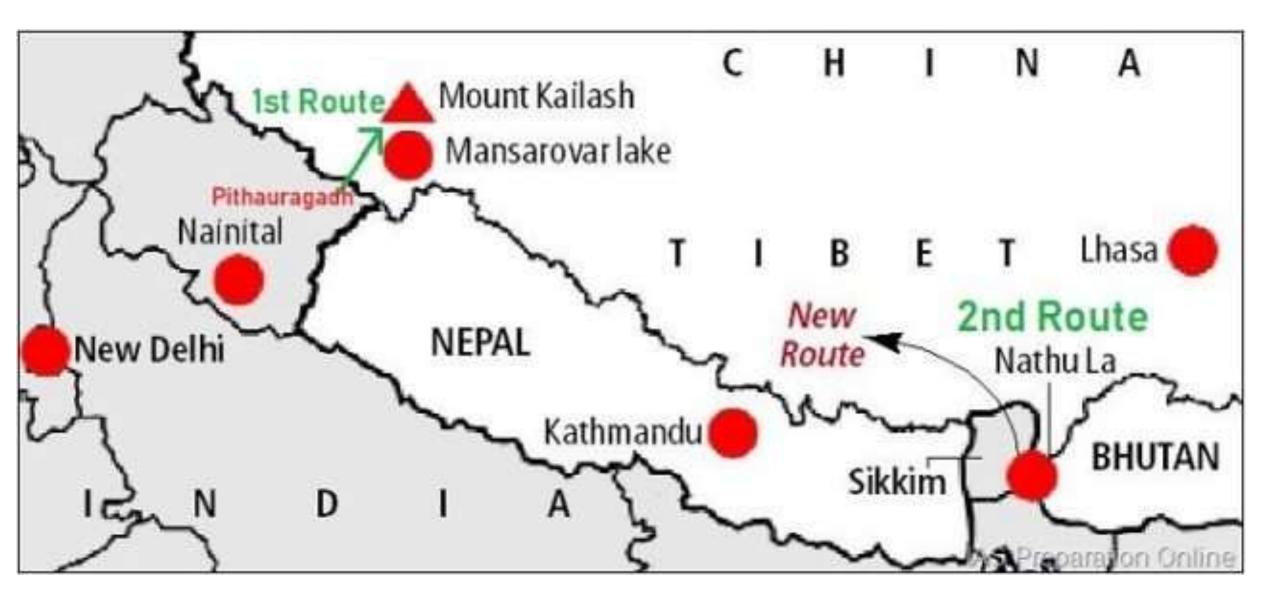
The Kailash Mansarovar Yatra is organised by the Ministry of External Affairs; the Ministry of Home Affairs: the Indo Tibetan Border Police: the Delhi, Sikkim and Uttarakhand governments; and state agencies, including the Kumaon Mandal Vikas Nigam.

The pilgrimage was held until 2020 through the two official routes of Lipulekh Pass in Uttarakhand (since 1981) and the Nathu La Pass (since 2015) in Sikkim. (With inputs from Ishita Mishra)

this year will also increase

The Kailash Mansarovar Yatra through Nathu La in Sikkim has been cancelled in the wake of the face-off between Indian and Chinese troops over a disputed area along the Sino-Indian border





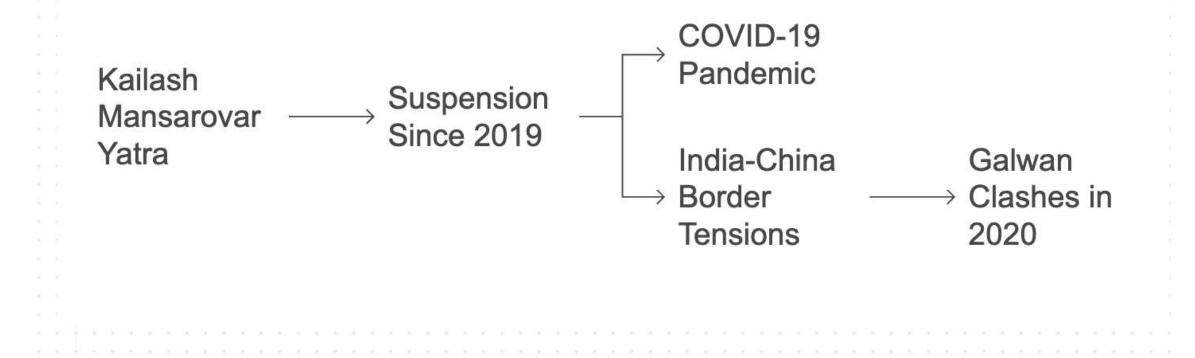
# Matra Route & Logistics:

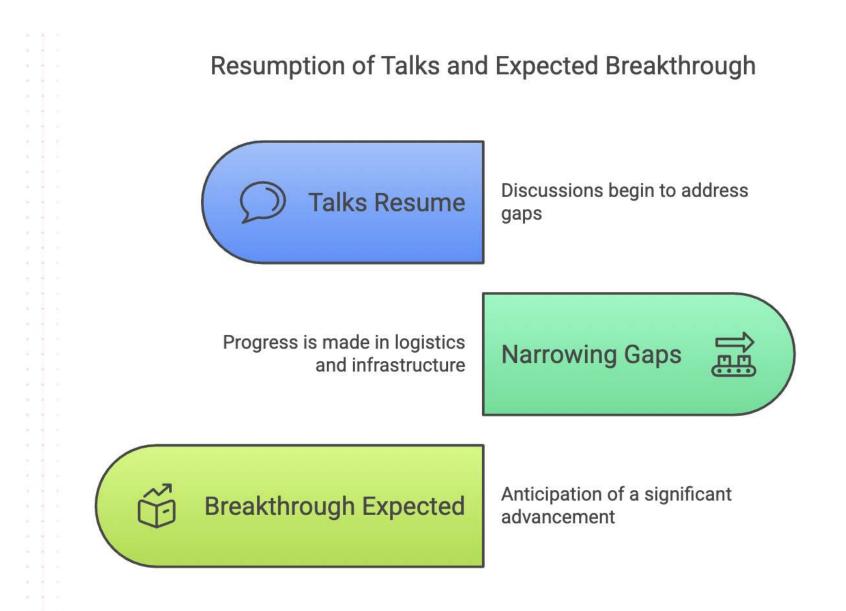
Route	Location	Start Year	đ
Lipulekh Pass	Uttarakhand (via Dharchula)	1981	
Nathu La Pass	Sikkim	2015	

• Special transport will now reduce 80–100 km of trekking for pilgrims.

Route Name	Starting Point	Key Stops	Mode of Travel
Lipulekh Pass Route (Uttarakhand)	Dharchula, Uttarakhand	Gunji → Kalapani → Navidhang → Lipulekh Pass → Taklakot (Tibet)	Road & Trekking (Approx. 80 km trek)
Nathu La Pass Route (Sikkim)	Gangtok, Sikkim	Nathu La Pass → Shigatse → Saga → Darchen → Mount Kailash	Road (Motorable)
Via Kathmandu (Nepal)	Kathmandu, Nepal	Nepalgunj → Simikot → Hilsa → Taklakot → Darchen → Mount Kailash	Flight, Helicopter & Road
Via Lhasa (Tibet)	Lhasa, Tibet	Lhasa → Shigatse → Saga → Darchen → Mount Kailash	Flight & Road
Kailash Mansarovar Road (KMR)	Pithoragarh, Uttarakhand	Dharchula → Budhi → Garbyang → Gunji → Lipulekh Pass	Road (Under Construction)
Gunji-Lampiya Dhura Pass Road (GLDPR)	Gunji, Uttarakhand	Kuti Valley → Adi Kailash → Lampiya Dhura Pass	Road

# **Kailash Mansarovar Yatra Suspension**





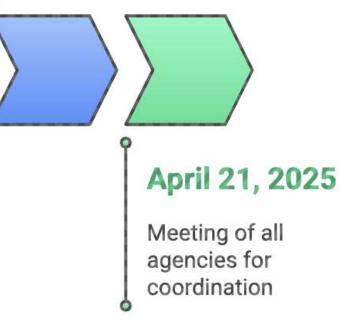
Diplomatic Engagements Between India and China

Key Events in Pilgrim Selection and Coordination



# May

Pilgrim selection expected via computerised lottery



# Q. Consider the following statements regarding the Kailash Mansarovar Yatra (KMY):

- 1.The Yatra was suspended after the Doklam standoff between India and China in 2017.
- 2.The Lipulekh Pass route for KMY was established before the Nathu La Pass route.
- 3.The 2025 pilgrimage is likely to cost more than previous years due to increased rates by India and China.

# • Which of the statements are correct?

A. 2 and 3 only B. 1 and 2 only C. 1 and 3 only D. 1, 2 and 3

#### 4

#### NCW forms panel to investigate violence in Murshidabad

#### Shrabana Chatteries

the incident." The The National Commission for Women (NCW) on Wed-nenday took suo mora cog-nisance of the situation in Mannes of the attuation in West bengal's Murshida-bad district and fermed a team to investigate the viz-lence over the Waqf (Amendment) Act. Health crisis A parallel citie is un-folding at the relief campa mailaceon Malda district as displaced residents re-ported by las a severe shar-medicinas. In a statement, the NCW stated that there were re-ports of women being ha-lables in the district. The classes in the district. The statements added: "The NGW Chalipperson has ta-ken ano mote cognisance of a deeply disturbing re-port from Murshislabad, West Bengal, where several women were reportedly molested amid communal violence, triggering the ex-oches of hundreds of women. The Chairperson has also constituted an inquiry Committee to investigate

The commission' Chairperson, Vijaya Baba bar, is set to visit the via lense-hit areas and speak to survivors on April 18 The team will arrive in Shiy Bahay Singh EOLEATA Describing the violence in Sturisticalised as pro-planned communal risels. West Bengal Chief Minister Memory Rather the Carlo of the second the second the should be held responsible if elements from Bangla-dowed the second second quarter from the second point of the second the second point of the second the second point from the second point of the second point point of the second point point of the second point p Murshidabad as "pre-planned communal riots". West Bengal on Thursday Health crisis In a related development, a health crisis is horwing al-near the second second second in a relation of the second in Parlaipar High sickeds entrage of vital modi-cines, degrate the gevern inches of the second second medical facility inside the nearboil, which houses over 400 persons who had field bad after violence empted.

bad after violence erupted. A resident at the relief camp told the media that though two doctors visit have the responsibility to guard the borders," she said, addressing a gathering of imams and muezzna in Rolkata. She urged menibers of the Muslim community not to fall into the site twice a day, there were no drugs for chronic ailments like heart disease. While busic medicines for fever, pain relief and such issues are available. the trup of the Bharatiya Janava Party (BIP). "The BIP wants to polardrugs to treat ensurgencies ise so that my government and chronic health condiis removed from power. tions are not, sources said. Once they come to power,

Northeastern region is gateway

West Bengal CM holds meet with imams and muerzins: urges Muslims not to fall into BJP's trap and indulge in violence on the streets; announces OO lakh as compensation to victims of violence \$ 612

'pre-planned', savs Mamata

Violence in Murshidabad



THE DINOU

News

team let us be united and tet as fight operations of the second s they won't even allow you to sat," Ms. Banerjee satd, adding that imens and microsofies have a responsi-bility to ensure that "no one gets enraged by what he held in Delhi and added that her party MPs will join the protests. Questioning the allies of Questioning the allies of the IUP, particularly Chan-drababu Naidu's Telugu the RP says". This Trinamoel chair-person further said that Denam Party, for support ing the passage of the Act, the Chief Minister said that her MPs fought against The Wagf ( Amendment) Bill and urged the parties of the Opposition INDIA bloc the Waqf (Amendment) Act should have been passed like a Constitution-al amendment with twoto fight against the Act. She third majority. said that protests should "I will appeal to INDIA

#### Mamata should quit. says BJP; party stages protest in Kolkata

Shiv Sahay Singh

Stepping up the hear on the Trinamool Congress government over the re-cent communal clashes in

touter let us he continue and

new houses under Banefar Bart scheme and shop-keepers who have suffered losses will be

compensated. The Chief Minister also highlighted that the area

where violence occurred is

close to the international border with Rangladesh

and asked why the Union

government was in a burry in implementing the Act.

The Hindu Bureau

Chief Justice of India Banjiv Khanna, who is set to refire on May 13, on Wednesday recommended Justice 8.8. Gavai to the government for appointment as the \$2nd Chief Justice of India.

Justice Gavai was elevat-id as a judge of the Su-werne Court on May 24, 1010. He is due to retire on

November 23, 2028, leaving him with a tenare of lit-tic over six months.

that Urds is alien to India. This opinion, we are

This opinion, we are afraid, is incorrect as Ordu like Marathi and Hindi, is

an Indo-Aryan language," Justice Dhulia said. The court said Hindi

and Ordu were fundamen-tally one language. "When we criticine Ordu, we are in



Tisursday, April 17, 2025

acvertance over the re-burshiftsheat over the re-burshiftsheat over the re-burshiftsheat over the re-burshiftsheat over left burshift center of the Opposition in the Assembly Salvenda Chief Musiater Marmala Ba-nerize had findled to protect the promote of the State. Description of the State over the same over the salvent of the State State over the properties of the State. The protect over the salvent the salvent over the salvent of the State over the salvent of the State over the State over the salvent over the salvent of the salvent over the salvent over the salvent over the salvent from states/salvent over the salvent over states/salvent over the salvent over states/salvent over the salvent over the salv juries in a police action. Ms. Baneyjee annesseed on Wednesday that the lakh would to given to the next of kin of each of the deceased

duo was brutally murdered for being Hindus by jihadis who den't know the contents of the Waqf (Amend-ment) Act," Mr. Adhikari areas of Murshidabad. told prespersons outside the Assembly. Three people killed in the violen making remarks on the violence from Kolkata, the erupted on April II and 12. two members of a family Chief Minister should visit Haragobind Das and Chan the affected areas

ISF MLA named in FIR on violence in Bhangar

#### The Hindu Bureau

Navenhad Siddique, en MLA belonging to the In-duan Receilar Frenst (BP), has been named in an FIR registered by the West Ren-gal police in relation to the gal police in relation to the recent violence in Phangar. The total number of pea ple arrested in relation to this incident has now climbed to 17. Condenning the vio-bence, Trinamood Congress MLA Saokat Molla from Bhangar had shared a vi-deo blaming the BF work-ers for inciting protesters and attacking the police.

However, Mr. Aiddigue said that "unarmed and peaceful" protesters were "We abide by the law, but we will not let this dide," Mr. Riddlique said.

Vance, family to visit



Its boundaries are the interface between the Indian the Ambassadors' meet of the North East Investors Summit, 2025, Mr. Jahhan-har spoke about the poten-tial of the region and en-couraged investors to take advantage of what it had to office subcontinent and the ASEAN. Many of our recent ASRAN, Many of our recent indicates involving nume-diate neighbours emanate from this very region." Mr. Jaisbanker said. The remarks from the External Affairs Minister comes a fortnight after Mr. "The northeastern re

Yunus created con by referring to the north-castern region as a "lan-dlocked" territory that could be an "extension" of

Five military

The Hindu Bureau NEW DELTO

Five military personnel were on Wednesday con-

forred the MacGregor Me-morial Medal by Chief of Defence Staff General Anil Chephan for onestanding

contributions in military commainsament.

tion and adventure for

3023 and 3024. The awardees for 2023 included Wing Comman-der D. Panda from the Air

der D. Paude From the Air Force and Electrical Artif-teer (Baileo) Rahrd Kumar Paudey Touri the Navy For eran Artificer (Radio) Ram Ratan Jato The Navy and Sergeant Humar Ban Poo-banoured with the meshal. Coloniel Banver Singh Iomwar, Director of the Nav Human Bastination (Moustial Coloniel Banver, Singh Jernwal, Director of the Na-Hond Institution (Moustial Sports in Arrunachal Pra-derit, wan also awarded. Recever, the officer was receive the award as he in on a finoaljatalpering expe-

on a mountaineering expe-dition to Kangchenjunga.

description of

employ



the Chinese market. The Ministry of Esternal Affairs had not made an official response, though India ter-minated transhipment of terminal of north-earderin States during the rine up to the 2023 G-20 automit in preparatory meetings had been beld there. He also spoke of the tribitered high-way that attins to connect India and Thailand through Myanimar and the Kaladam Maltimoodal Transut Trancargo from Bangladesh through India's land and airports citing "conges-tion" following the citing "conges-following the research to ..... "Highlighted the grow-ing relevance of the north-



codure for appointment of Chief Jurice of India and Supreme Court Judges, the Law Ministry seeks the re-

Urdu is the finest specimen of composite cultural ethos of India, says Supreme Court

#### Krishmadaa Balagemat The Supreme Court has



guage is only a means of communication and does not represent a religion, it stated. not reasoned a religion, its "Language is not reli-gion Language is not reli-gion Language these not over represent religion to the second second second prophy and not te a reli-prophy and not the reliant of a community of the reliant of the second second second te a reliant of a community the second second second second te a reliant of a community the second second second second te a reliant of a reliant of the second second second second te a reliant of a reliant of the second second second second te a reliant of a reliant of the second second second second te a reliant of a reliant of the second second second second second te a reliant of the second second second te a reliant of the second second second second te a reliant of the second second second second second te a reliant of the second second second second second te a reliant of the second second second second second te a reliant of the second second second second second second te a reliant of the second seco

language of choice for poets in India. "The pre-judice against Urdu stems

ladiy mna Sangsaga. When a way alao critikaing Him-du. Truo, Urdu is maniny written in Nanzahla and then scripts do not make a imaganga. Mathematical and then scripts do not make a imaganga. When makes lan-gaagade distinct is their sym-assistic structure of the second structure of the second structure of the instructure of the second find have broad simulari-ties in all these comm-here phonology. Irdu and find have broad simulari-ties in all these comm-bent adds and hind be-came more family and the come more family and the come more family and the second structure of the second and Urdu more phorean. The common nam's we-cyshe Hindi was respersed

ryday Hindi was peppered with Unda terms, the judge

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Nagour. (With inputs from PTD distante.

dan Das, were backed to death by a mob, and 17 year-old Izaz Ahmed

deceased. Court's permission Mr. Adhikari los ap-proached the Calcutta High Court socking permission to visit the affected nior Congress leader Adhir Ranjan Chowdhury demanded that instead of

Two Maoists shot dead in

Chief Justice Khanna recommends Justice encounter in Gavai as successor Chhattisgarh

Austica B.B. Gooni

#### The Hindu Bureau

Two Maoists, carrying a collective bounty of (1) lake, were killed in an em-counter with security for-ounter with security for-ound the Kanadagan Narayanpur boundary of Chinattiggarity's Baser re-gion on tuesday, the police said. Bharing details of the encounter, a sensity police

commendation of the out-going Chief Justice about encounter, a senior police officer said on Wednesday that the gunfight had taken place in the forest of Kilamthe next appointment. The letter from the government kickstarts the appointment



Bargum villages along the inter-district boundary. The encounter was car-ried out by a joint team of security personnel includ-ing the District Reserve Guard (DBG) and Bastar Fighters from Kondagao sald Inspector-General Polles (Bastar Barge) Sundarraj.



The two-storey restilence of Fahim Khan, a key as

Nagpur civic chief apologises to HC over demolitions

ment regarding the Su-preme Court's guidelines, which require procedural safeguards before demol-The Illindu Bureau Alcohom Musicipal Com-missioner Abiligies (Chaud-har) has advantige an one bombay High Court for the demulitien of properties to except to the accurate the termine of Bugreene Court ing that cive officials were unevene of Bugreene Court in an afflickt field be-fore the High Court's Nag-gur bench on Tusaday Mr. Nagang Musicipal Corpo-ration (SNC) had not re-ceived any discular from the Malakar from which require procedural safeguards before demod-ishing properties linked to mersionel persons in a class. A Division Bench of jus-tices Nitti Samber and Vroball Joshi granted the State, government, while noting the administration's inverses.

inverteach The court had earlier stayed demolitions on March 24 after petitioners - including Pahiro Khan, who is charged with sedi-tion in a case - challenged tion in a case - challenged the civic body's actions in



on land

India from April 21. MacGregor meet Prime Minister medals



U.S. Vice President J.D. Vance will travel to India with his family next week, the Ministry of External Af-fairs and the White House unced on Wielnesday

During the four-day vicial in Dollis and parity a private tower days and ja-pur, Mr. Vance will meet Prime Minister Narendra Meall, and is espectial to nodegy parimetriking MUNT announced during Mr. Mo-d's visit for Washington in Pobruary. Prior to the India visit, Mr. Vance and bit en-tit, Mr. Vance and bit en-rome, and visit the Vati-ent. dal in Delhi and partly a

opositical prioritian". Second Lady Thin is Mr, Vance's first visit with a findian origin Usin childwart Vance, whom he pice and their stress which are a paysetted to visit imming allywork three child-dren are capsected to visit imming allywork three child-dren are capsected to visit imming allywork three child-are a payset when the set of a number of historical are a payset. U.S. Se-cond family' is not expected to vance to chaldra price the Vance's family all live, merkeling he for year of the sensore during the visit The visit will provide "The visit will provide an opportunity for both sides to review the pro-gress in bilateral relations and the implementation of the outcomes of the India-U.S. Joint Statement insued in: 13 Pointary 2023 dur-ing the visit of the Prime Mills and to have any mes-Minister to the US," the MEA raid in its announce-

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# Chief Justice Khanna recommends Justice Gavai as successor

#### The Hindu Bureau NEW DELHI

Chief Justice of India Sanjiv Khanna, who is set to retire on May 13, on Wednesday recommended Justice B.R. Gavai to the government for appointment as the 52nd Chief Justice of India.

Justice Gavai was elevated as a judge of the Supreme Court on May 24, 2019. He is due to retire on November 23, 2025, leaving him with a tenure of little over six months.

## Next in line

Justice Gavai is the next in line to be Chief Justice of India in accordance with the seniority norm. Under the Memorandum of Procedure for appointment of Chief Justice of India and Supreme Court Judges, the Law Ministry seeks the re-



Justice B.R. Gavai

commendation of the outgoing Chief Justice about the next appointment. The letter from the government kickstarts the appointment process for the next Chief Justice of India.

Born on November 24, 1960 at Amravati, Justice Gavai joined the Bar on March 16, 1985. Justice Gavai's father, Ramkrishna Suryabhan Gavai, was a former Governor of Bihar and a prominent Dalit leader.

# **Constitutional Provisions**

Aspect	Details
Article	Article 124 of the Indian Constitution
Part of Constitution	Part V – Union Judiciary
Position	Head of the Supreme Court of India and the Judiciary
Appointment Authority	President of India
Tenure	No fixed term; holds office until the age of 65 years
Removal Process	Through impeachment by Parliament under Article 124(4)

# Powers and Responsibilities

Function	Details
Judicial Functions	Presides over constitutional benches, major legal decisions, and matters involving fundamental rights.
Administrative Role	Allocates cases, forms benches, and oversees SC administration.
Appointment Role	Heads the Collegium System for appointment and transfer of SC and HC judges.
Advisory Role	May be consulted in matters like President's Rule, Tribunal heads, etc.
Oath of Office	Administered by the President of India.

## Removal of CJI (Impeachment)

- Grounds: Proven misbehavior or incapacity.
- Article: 124(4) & Judges (Inquiry) Act, 1968.
- Requires:
  - Majority in both Houses of Parliament.
  - 2/3rd majority of members present and voting.

## **m** Notable Facts for UPSC Prelims

Fact	Details
First CJI	Justice <b>H. J. Kania</b> (1950)
Current CJI (as of 2025)	Justice Dhananjaya Y. Chandrachud (since Nov 9, 2022)
Youngest CJI	Justice Y.V. Chandrachud (also father of current CJI)
Longest-serving CJI	Justice Y.V. Chandrachud (1978–1985)
Female CJI?	India has not had a woman CJI yet (as of 2025)

# Urdu is the finest specimen of composite cultural ethos of India, says Supreme Court

#### Krishnadas Rajagopal NEW DELHI

The Supreme Court has said it is a "pitiable digression from reality" to believe that Hindi is the language of the Hindus and Urdu of the Muslims. A language is only a means of communication and does not represent a religion, it stated.

"Language is not religion. Language does not even represent religion. Language belongs to a community, to a region, to people; and not to a religion. Language is culture. Language is the yardstick to measure the civilisational march of a community and its people. So is the case of Urdu, which is the finest specimen of Ganga-Jamuni tahzeeb, or the Hindustani tahzeeb, which is the composite cultural ethos of the plains of northern and central India," a Bench of Justices Sudhanshu Dhulia and Vinod Chandran said in a judgment. The order stemmed



from an appeal filed against the use of Urdu on the signboard of a new building of the Municipal Council, Patur, in Akola district of Maharashtra. The signage 'Municipal Council, Patur' was written in Marathi and then in Urdu. The appellant, Varshatai, a former Municipal Council member, said Marathi was the official language of the State of Maharashtra and that the use of Urdu was "wrong".

The court said Urdu was not an alien language. It was born and nurtured in India, and reached greater refinement and became a language of choice for poets in India. "The prejudice against Urdu stems from the misconception that Urdu is alien to India. This opinion, we are afraid, is incorrect as Urdu, like Marathi and Hindi, is an Indo-Aryan language," Justice Dhulia said.

The court said Hindi and Urdu were fundamentally one language. "When we criticise Urdu, we are in a way also criticising Hindi... True, Urdu is mainly written in Nastaliq and Hindi in Devanagari; but then scripts do not make a language. What makes languages distinct is their syntax, their grammar and their phonology. Urdu and Hindi have broad similarities in all these counts," the top court said.

The fusion of the two languages, Hindi and Urdu, met a roadblock in the form of the puritans on both sides and Hindi became more Sanskritised and Urdu more Persian, Justice Dhulia explained.

The common man's everyday Hindi was peppered with Urdu terms, the judge noted.

# Important Observations by the Court:

- 1. Language ≠ Religion:
  - Language belongs to communities, regions, people not religions.
  - Language is culture and a civilisational yardstick.
- 2. On Urdu's Cultural Status:
  - Urdu is described as the finest specimen of Ganga-Jamuni tehzeeb (syncretic culture of North and Central India).
  - Urdu is not alien to India. It was born and nurtured in India.
  - Urdu reached refinement and became the language of poets.
- 3. Case Context:
  - Issue arose over the use of Urdu on a municipal signboard in Akola district,
    - Maharashtra.
  - Appellant opposed use of Urdu, saying Marathi is the state language.
  - SC upheld the use of Urdu, emphasizing inclusivity.

# Search Constant Search Constan

- Hindi and Urdu are fundamentally one language, differing in:
  - Script (Devanagari vs Nastaliq)
  - Influences (Hindi = Sanskritised, Urdu = Persianised)
- Both share syntax, grammar, phonology.
- Their divergence was caused by historical puritanism on both sides.

# Cultural Relevance:

- Everyday spoken Hindi contains Urdu words.
- Criticizing Urdu is indirectly criticizing Hindi itself.

Aspect	Hindi	Urdu
Language Family	Indo-Aryan (subgroup of Indo-European)	Indo-Aryan (subgroup of Indo-European)
Script	Devanagari	Perso-Arabic script (Nastaliq style)
Word Origin	Primarily from Sanskrit	Derived from Turkic, Persian, Arabic, and Sanskrit
Development Period	Evolved around 7th–10th century CE	Evolved around 11th–13th century CE
Geographic Origin	North India (especially present-day Uttar Pradesh region)	North India (especially Delhi, Punjab, and Deccan region)
Major Influences	Sanskrit, Prakrit, Apabhramsha	Persian, Arabic, Turkish, local dialects (Khari Boli)
Formalization	Standardized in 19th century	Standardized during Delhi Sultanate & Mughal period
Purpose in Development	To communicate locally; evolved as a literary & national language	Initially court language of Delhi Sultanate and Mughals
Prominent Writers	Tulsidas, Kabir, Premchand	Amir Khusrau, Mir Taqi Mir, Ghalib
Official Status	Official Language of India (along with English)	Official language of Pakistan, recognized in India
Modern Usage	Used across India in schools, government, and media	Used in Indian culture, poetry, Bollywood, Pakistan govt.

- Q. Consider the following statements regarding the recent Supreme Court ruling on Urdu language:
- 1.The Supreme Court stated that Urdu is an alien language, born outside of India.
- 2. The Court affirmed that language is a symbol of culture and not of religion.
- 3. Hindi and Urdu are fundamentally distinct languages with no commonalities in grammar or phonology.
- 4.The SC called Urdu a product of Ganga-Jamuni tehzeeb, representing composite Indian culture.

# Which of the above statements are correct?

A. 2 and 4 only
B. 1, 3 and 4 only
C. 2, 3 and 4 only
D. 1 and 2 only

#### 42

#### THE HINDU News

**HC grants Kamra interim** protection from arrest Division Bench reserves order on petition by comedian against FIR registered against him for remarks against Maharashtra Deputy Chief Minister Eknath Shinde, arguments conclude in case

Thursday, April 17, 2025



#### In a first, Railways conducts trial of ATM on moving train

In a first, the Rallways has italiated shalo of an matomaine thefer non-bine (ATM advant the Fanchvatt Express, in coordination with the Bank of Maharabira. Unable the Initiative by the Central Rallways utbianawal division, an ATM Mosk was installed in an unstitlined space in one of the coaches on the Manmad-Mumbal train. The move is also aimed at generating non-fire revenue. Officials are losen that the train with 22 coaches, with full capacity of 2,016 passengers. uses the facility as much as possible. "The idea of installing ATMs on trains stemmed from a customer interaction meet held by the Bhinawal division," said a Central Ballway official.

#### ED questions Vadra again over Haryana land deal case

The Knforcement Directorpte (KD) questioned Robert Vadra, the husband of senior Congress leader Physical Conditional Congress leader Physical Conditions and Congress consecutive day on Wesheeday in connection with the 2009 Haryana land deal case. Its has been summened again on Thursday, Mt. Vadra, who emethed the agency office with Ms. Vadra. described the questioning as "political venderus" The case is related to a land deal in Shikohpur of Garugram concluded in 2008 by a company, Can appear constants in a 2008 by a company, Skylight Rempirality, where Mr. Vaite was usilier a director. It is alleged that the State government, then under Bhapinder Stight from a commercial project on the land in alleged violation of rules.



Kamra, said the criminal A Division Bonch of Jus-tices Sarang Rotwal and justice system in the coun-try was being mismed by political groups to terroriae Shriram Modak directed the Mumbai Police not to arrest the comedian till or a person. der is passed in the matter

FIR field in haste" Mr. Seervai urged the flement is pay attention to inderstand how the Fill was field by the Mumbai Folice in haste. The second the second part for the second second part for the show, where the re-mants MLA Murij Kanji Pa-tet, received the video of the show, where the re-mande, at 9.30 p.m. on March 23, He filed a com-pression of the filed a com-pression of the show and the page. "Arguments in the mat-ter are concluded. As agreed by the Public Proagreed by the Poblic Pro-secutor, the aummone was leaved to him (Kunal Kane NSES, obtain Special Posts, obtain appendicably refers to notice where ar-rest of the person is not re-quired. In that back-ground, the question or does not arise. The matter is reserved for orders and ill them, the petitione leaved and arrests, the hereit and arrests, the

p.m. Mr. Seerval said that be-Bench said. During the hearing that lasted for more than four hours, senior advocate Navros Seerval, for Mr. fore registering an FIR, a preliminary inquiry is re-saired to be conducted by clam; it is malicious target ing," he said.

the police under Section 17300 of the Bharatiya Na-garik Suraksha Sanhita (IMNSD. now shortcut The server as a se to fame, says RSS wing

lahita Mishra

suppring, with full you, can you into pisces once you augs in Mumbai/ Yet the pulse have been insisting on his physical presence for questioning. This is a complete witch hant? Talking about freedom Amid the origoing row over comedian Kanal Kamra's show, the cultural wing of the Rashtriya Swayamse-vak Saugh (RSS) has passed a resolution on the need to "re-establish Indian values of speech, Mr. Seerval said the authorities had com-pletely disregarded Article 19 of the Constitution. in comedy genres", Sanskar Bharti, which in contractly general', works to P. Bharte Indian art forms, expressed deep concern over the declining levels of performance in department of the second of the second second second dy shews While this model-um could be a tool for strong second reforms, it was actually becoming a strong second reforms, it was actually becoming a fame', Sanakar Mharan and in a resolution passed and compression, artists and resolution and the second second second and resolution of mathematic criticizant of mathematics 19 or the Constitutions. Public prosecutor Huen Venegaonkar, representing the Kaney Police, against that Kaney Police, against that there was a fine line between kunnorous crBi-chu, "when an artist, up their piece or show, up their piece or show, up their piece or show, whit criticism should full within the tenor of bame are sametime. When they are targetting one indivi-dual if does not fall in bracket of humorous critt-

Former RAW chief Dulat's book

leaves Farooq in a spot of bother



#### Nashik civic body razes 'illegal' dargah hours before SC stay

against 500 to 1,000 un-known people, and confis-cated 70 two-wheelers from the location. The Hinds Bargan MUMBAI/NEW DELHI The Nashik Monicipal Corporation demolished a de

portion demoliable a shick scades old Langah, which was declared as Illegal con-duction of the second scale of the second scale of the demoliable scale of the scale scale of the scale of ta-day notice given The demolition took place in accordance with a Bom-bay High Cauget order term buy High Court wrder term ing the dargsh (flegal. The action was taken after serv-ing a til-day rootse. Subshit Manasha (flegal) (flegal) Manasha (flegal) Manasha (flegal) (flegal) Manasha (flegal)

create communal tenator" even though they knew that the matter was to be quelt them. At least 21 police officers were hursed and three pol-ice vehicles damaged. The police arrested 15 protes-tors, registered an FIR heard by the Supreme Court. "The dargan land was under litigation since the year 2000," a trustee of the dargah told The Hindu.

#### Almonds rein in weight, cholesterol and hypertension, confirms study

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Bernely said.

#### 1 Banya Kanuan

Recent meta-analyses of studies on the benefits of communing atmonds par-blished in a peer-reviewed journal have shown that the tree mit does leave an ameliorative impact in a multitude of sectors. The results suggest that

The results suggest that almond consumption re-mits in small reductions in word it. Little closed pre-mer, as well as improved phycaentic responses in Additional and the second pre-ting the responses in Additional binder creations in the other of the research strate-gies in the role of almond-gies in the role of almond-in the paper reviewed hour.

In the pair received jour-nal Current Developments in Nutrition Perspective. The analysis of multiple studies showed that al-



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day. The authors from the U.S. Canada, France and India argued that almonds have an impact on lower-ing chalentered, though it depends on the dose (over an other sector).

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Peergada Ashie

-89 Paroog Abduillah and A.S. Dulat at the oath baking of Omar Abdullah as JAK Shief Minister in Trinager in 2025, mixtu tensor

under Article 370 of the Constitution) passed in the Legislative Assertibly in parts of the control have a straight the sound have 2020. "Why were we not its legislation of the sound straight built gasses Mr. Abdullah in the built." Observed. "The on the second distribution ing political and popular pressure. The revelations had hit hard Mr. Abduilah and the Omar Abduilah govern-ment in Jok as the party championed the cause of restoration of Article 370 during the Assembly Encode as more: the NC ing publical and popular election in J&K. Facing an outcry, the NC patrianch said the book was "full of inaccuracies". "On many accounts, it's "Partong is a constraint-tion himself? To my mind, this remark in 2020 just high-lighted his great practical-ty under the most appallbandem," he told preimper

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DIFFICULTY RATING: \*\*\*\*\*\*\*\*\*\*

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Some in Scinagor. He said Mr. Dulat's re. + marks on counselling him to comer the 1996 election and keeping the Cabinet small 's form small "is factually incor DOCT. Crafted image, says PDP Opposition parties criti-closed Mr. Abdullah over the book. "The nery

the brock. The herry speeches, the maged out-rage of "lighting the HP" in age of "lighting the HP" peoples Democratic Party leader and legislator Wa-heed-ur-Relation Parts. Mr Dubt raid it was and that the book, "which is it was getting negative stars. praise of Di. Alubidab", was getting negative atten-tion for a few paragraphs. "He always shood by India. He was hearthroken by the abrogation of Article 370 and be wanted to be taken into confidence." Mr. Dulat told The Hindu.

#### FATTER

#### Protection of devotees

Surrangenta cakahana is Kama's venta, aaid M.A. Venkatak-rishnan in a discourse. In other words, He will always save those who surrender to Him. And in this protection of de-votees, Sita assists Him. That is why Janaka said at the time of Her marriage - subandumrunchume tonu. She will be Of their mannage summanion manual of the answer of the set will be your Guman's support in carrying out doarms. Perfava-chan Pillai gave evidence from Valmiki's work to show the age at which Rama married, the age at which He departed for the forest otc. He says Rama was only 12 when He mar-

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Obeaity, Metabolic Diseas-es, and Endocrinology, New Delbi, explains that al-monds comfain several components that are be-leaved to contribute to the

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Counter in church yard showing where the bodies are builed

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# Almonds rein in weight, cholesterol and hypertension, confirms study

### Ramya Kannan CHENNAI

Recent meta-analyses of studies on the benefits of consuming almonds published in a peer-reviewed journal have shown that the tree nut does leave an ameliorative impact in a multitude of sectors.

The results suggest that almond consumption results in small reductions in weight, LDL cholesterol and diastolic blood pressure, as well as improved glycaemic responses in Asian Indians.

These results were published recently in a paper, "Current scientific evidence and research strategies in the role of almonds in cardiometabolic health", in the peer-reviewed journal *Current Developments in Nutrition Perspective.* 

The analyses of multiple studies showed that al-



Almonds lower LDL cholesterol, says the new paper. ISTOCK

mond consumption does not lead to weight gain, and may even contribute to reduction in body weight at doses of about 50 grams a day.

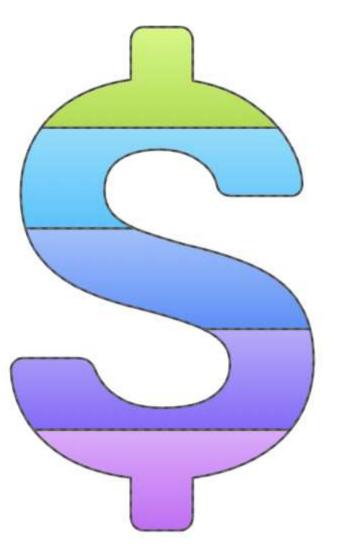
The authors from the U.S., Canada, France and India argued that almonds have an impact on lowering cholesterol, though it depends on the dose (over 50 g a day), and for how long it is eaten (10 weeks). Almond consumption results in a small but significant reduction in LDL cholesterol by approximately 5 g/dL (or about 5%) for the general population, including those at risk of chronic diseases.

Anoop Misra, senior diabetologist from the Fortis C-DOC Center for Diabetes, Obesity, Metabolic Diseases, and Endocrinology, New Delhi, explains that almonds contain several components that are believed to contribute to the cholesterol-lowering properties, "including Beta-Sitosterol for which there is well-established evidence of lowering LDL cholesterol levels; monounsaturated fats (67%); polyunsaturated fats (11%); and dietary fibre (11%)."

The analyses, which was funded by the Almond Board of California, also states that with a daily dose of almonds, Asian Indians with prediabetes can achieve a significant reduction in fasting blood glucose and HbA1C.

Dr. Misra adds some context: "Previously, our group examined over three months, the effect of having 20 g of almonds 30 minutes before each major meal on prediabetes. We found significant improvements in body weight, waist circumference, glycaemic control (particularly postprandial hyperglycemia), and insulin resistance. Notably, 23.3% of participants in the group showed reversal from prediabetes to normal glucose regulation, comparable to results seen with Acarbose medication (25%)."

"My advice is to have almonds, half a fistful each in the morning and evening. For people with diabetes, they can have it as a snack between meals or 30 minutes before meals," he says. Global Impact of Almonds on Health



# **Meta-Analysis**

A comprehensive study showing health benefits



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# U.S. Data

Contributions from American studies



# **Canada Data**

Insights from Canadian research



# **France Data**

Findings from French studies



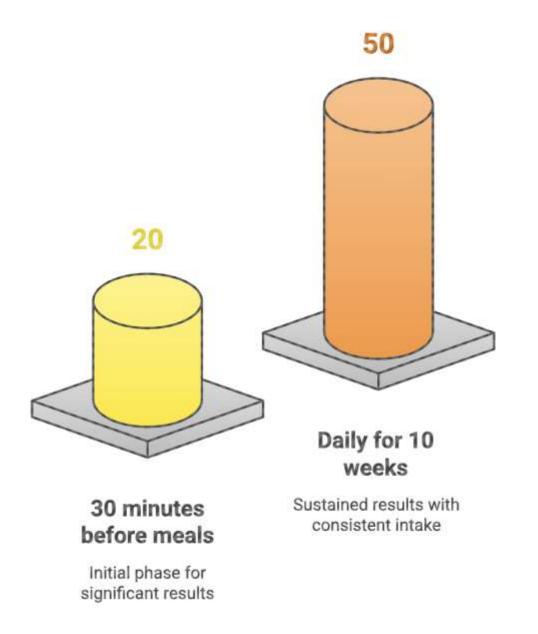
# India Data

Focus on Asian Indian health

# Key Health Benefits of Almonds:

Health Parameter	Impact of Almonds
Weight	Slight reduction, does not cause weight gain
LDL Cholesterol	Reduced by ~5 g/dL (or 5%)
Blood Pressure	Reduced diastolic pressure
Glycemic Control	Improved fasting glucose and HbA1c
Waist Circumference	Reduced
Insulin Resistance	Decreased
Reversal from Prediabetes	23.3% participants showed reversal (similar to Acarbose 25%)

Almond Consumption for Health Benefits



# Why Almonds Help?

**Components contributing to benefits:** 

- Beta-sitosterol (lowers LDL)
- Monounsaturated fats (67%)
- Polyunsaturated fats (10%)
- Dietary fibre (11%)

# Research Funding & Credibility:

- Funded by Almond Board of California
- Backed by Fortis C-DOC and Dr. Anoop Misra, leading diabetologist.

Type of Almond	Origin / Region Grown	Key Features	Popular Use
Kagzi Almond (Kashmiri)	Kashmir, Himachal Pradesh	Thin shell ("kagzi" means paper-like), easy to break, small but rich in oil	Direct consumption, sweets
California Almond	Imported (USA) & grown in Punjab	Medium-sized, crunchy, mildly sweet; available widely in markets	Snacking, bakery, milk products
Gurbandi Almond	Grown in Iran, Afghanistan, some in India (Kashmir)	Smaller in size, bitter-sweet taste, rich in oils and nutrients	Ayurvedic & medicinal uses
Mollar Almond	Imported from Spain, few trials in India	Soft shell, sweet flavor, high oil content	Dry fruit mix, premium gifting
Non-Pareil Almond	Grown in California (rare in India)	Soft skin, easy to blanch, flat in shape	Confectionery, blanched almonds
Badam Giri (Indian local varieties)	Kashmir, HP, parts of Rajasthan	General term for edible almond kernels from Indian trees	General consumption

### Q. Consider the following statements regarding the health benefits of almond consumption:

- 1.Almond consumption leads to a significant increase in weight and LDL cholesterol.
- 2.A daily intake of almonds can help regulate blood glucose and insulin resistance.
- 3. The beta-sitosterol component in almonds helps in lowering LDL cholesterol.
- 4.Research confirms almonds have shown better results than Acarbose in reversing prediabetes.

#### Which of the statements are correct?

A. 2 and 3 only
B. 1 and 4 only
C. 2, 3 and 4 only
D. 1, 2 and 3 only



as containers pile up in China ports on Trump's tariff wars'

#### Lalatendu Mishra

12

IN BREAK BROKE

The escalating trade tensions between the U.S. and China have significantly disrupted global shipping operations with freight rates expected to marge by "The imposition of

steep tariffs - 145% by the U.S. on Chinese Imports U.S. on Chinese imports and 128% by Chinese imports intoin- has led to a sub-mantial slowedown in cargo movement," said Robit Chaturvell, partner, tran-sport & logistics, Forvis Masaris, a global profes-sional company.

The proposed \$2 million fee or Chima lazily votoels docking at U.B. ports is also a regulitor. "Major Chinese porta-tike Sharaghai and Guang-dong are experiencing sev-ere congestion, with con-tainers pilling up due to cancelled orders and re-

routed shipments," "Spot shipping rutes bave en Grins and U.S. Weile rutes in West Crass have also risen. Also, the proposed St million fee on China Suil vossils docking interber desabilite mart-line trade, potentially further desabilite mart-line trade, potentially Beering in Statustical Beering Statustical Statustes &

filendra Srivantava, CRO, Triton Logistics & Maritims and the volume of containers stuck in Oti-na would put the antire global supply chain at tisk. "This will cause freight rates to itse," he added. Challenges galers: An employee walls for customers along a street in Beijing on Wednesday. China said its economy topped forecasts in the first quarter, as experiency reshed to shift goods alread of swinging U.S. fariffs, but warned it faired "seriam pressures" from U.S. Preside Coondd Trueno's brade obts, Arr

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#### Digital lenders' body changes name to United Fintech Forum

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#### The Hindu Bureau

TH distants

flecting the sector's expan-tion and integration, with the objective of fostering a Wipro reported a 26% year-on-year rise in Q4 net MIMMA
 The Digital Endeform Action
 The D



wipro nior principal analyst at tharmar told The Hindu. Clients 'cautious' ---Wipro refused to give any outlinesk for hiring for PV26.

Cilients 'cautions' Wipro CiCo and MD Srins Pallia said, 'Aa dienns re macruscomment interesting of the said macruscomment interesting classify with mitted to consistent and patranetize of the entropy of the said of the said of the other said of the other said of the other said of the said of gety due to subdued discretionary spending and glo-bal sconomic headwinds. Despite this, the outlook remains positive, diversity a strong deal pipeline and early signs of recovery in key sectors like RF51 and healthcare, which could help office weakness in slower-performing indusmarket environment. Things are changing week by week and clients are do-ing situational planning,"

he commented.

Revenue guidance Citing tariff-driven uncor-tainty in conterner mar-kets, Wipro lowered its rekets, Wipro lowered its re-vernae guidance for the April-hane period – a so-questial guidance of (-) 3.9% to (-) 1.9% in constant currency terms against its fourth questur guidance in the range of -1% to 1%. "We report resumme

the range of effs of 92. "We expect revent from fT Reviews havings on the to range of 22.00 Pints in the range of 22.00 Pints i

Pungiab National Bank (PNR), on the seconism of tra Ellas Poundation Day Control and Control and Control putch to enhance digital services, inclusive banking and customer services atom, M. Nagaraju, Secre-tary, Department of Pinan-cial Services (DPS), and Services (DPS), and Services (DPS), and Services (DPS), and Secretary (DPS), and Secret

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#### Bank unveils 34 new products



M. Negoras Dese among citizens. Ashok Chandra, MD & CEO, 1949, said, "As a car tomer-first bank, we are continuously robuing our selectors.



distant.

.....

tion of \$250 million. The bresh hands are ex-pected to enhance the pected to enhance the company's capabilities in producing drone systems. The funds would also be allocated to scaling up its current production facility and fast tracking the com-pletion of a cutting edge

B&D and testing centra dedicated to advanced de

fence drone design, the firm said in a statement.







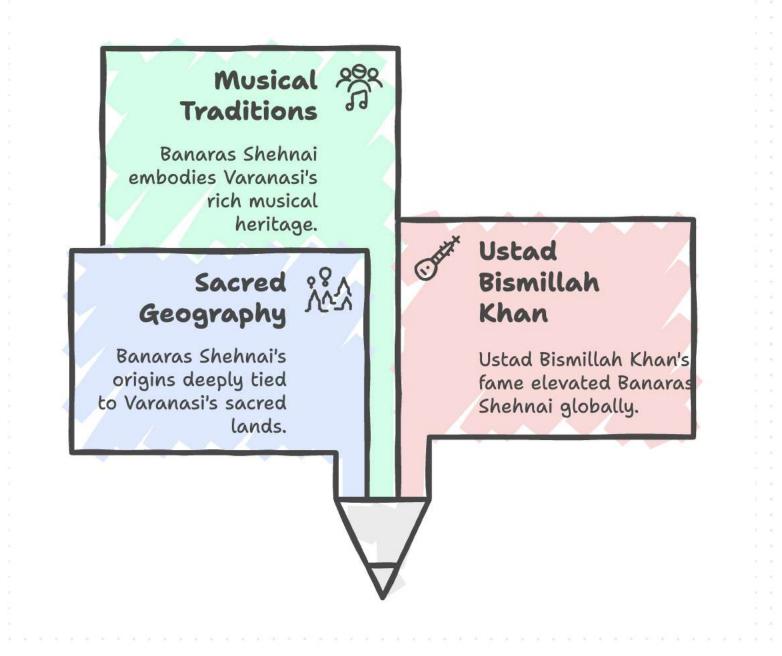
### India's trade deficit with China widens to record \$99.2 billion

India recorded a trade deficit of \$99.2 billion with China in the 2024-25 fiscal year ended in March, trade data showed, driven by a surge in imports of electronics goods and consumer durables. The data comes as U.S. President Donald Trump announced a 90-day pause last week on most tariff hikes for major trading partners including India, while sharply increasing levies on Chinese goods, stoking fears that Chinese firms may divert goods to other markets. REUTERS

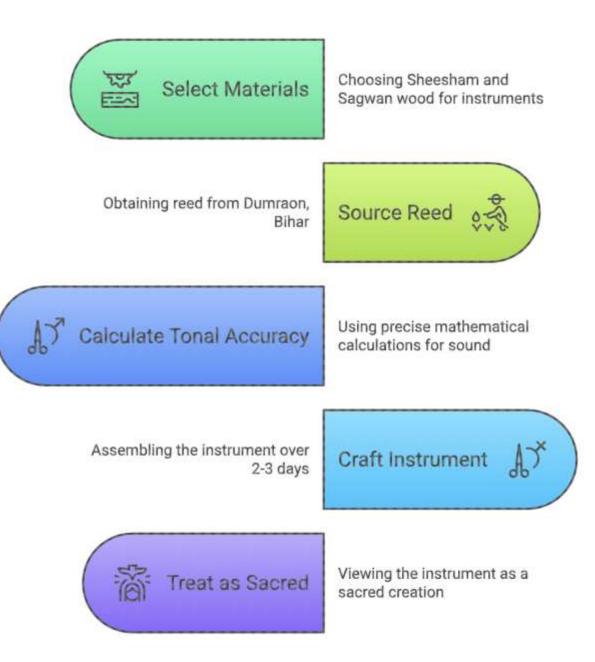
## Banaras Shehnai Get Recognition of GI Tag



#### Harmonious Recognition



#### **Crafting Musical Instruments**





#### Top 5 Countries by Number of GI Tags

Rank	Country	Number of GI Tags
1	Germany	15,566
2	China	9,785
3	Hungary	7,290
4	Czech Republic	6,285
5	Bulgaria	6,038

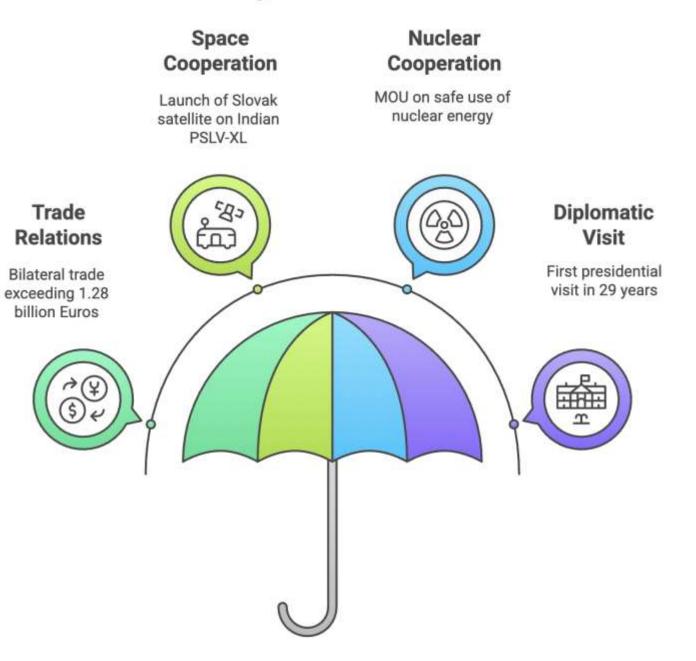
Top Indian States by Number of GI Tags		
State	Number of GI Tags	
Karnataka	101	
Tamil Nadu	76	
Uttar Pradesh	57	
Kerala	50	
Rajasthan	44	

# President Visit to the Slovak Republic

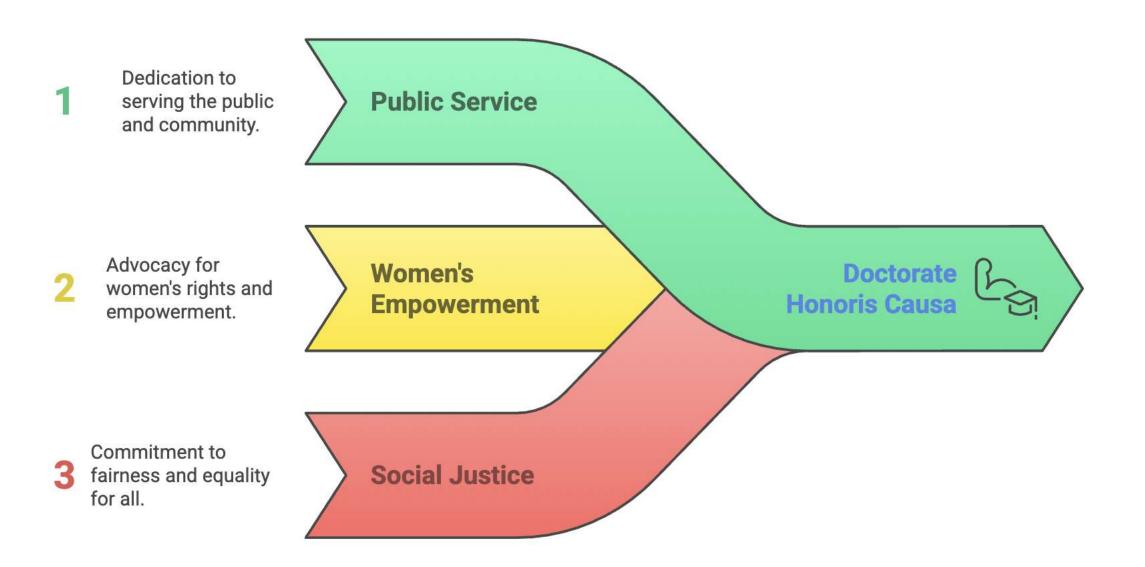




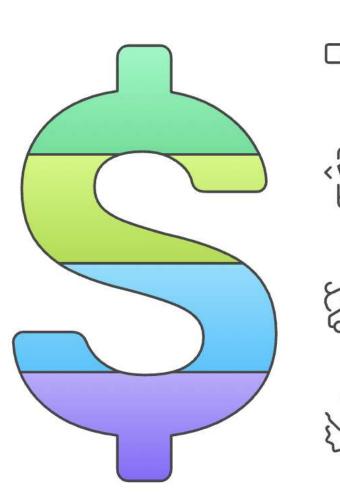
#### Enhancing India-Slovakia Relations



#### Pathways to Recognition



#### **Overview of India-Slovakia Trade Relations**



#### **Trade Balance**

India maintains a favourable trade balance

#### **India's Exports**

Key exports include mobile phones and garments

#### **Slovakia's Exports**

Major exports include motor vehicles and machinery

#### Joint Economic Committee

Established in 1995 to enhance commercial ties

#### Czechoslovakia's Journey to Independence

#### 1989

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Velvet Revolution ends communist rule

#### 1993

0

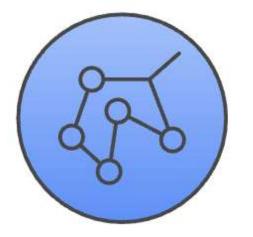
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Czechoslovakia dissolves into Czech Republic and Slovakia

# World's Oldest Lifeforms

Stage	Description	Time Period (Approx.)	Examples / Organisms	ð
1. Chemical Evolution (Prebiotic Stage)	Life began from non-living molecules like methane, ammonia, water, and hydrogen combining to form organic molecules (as per Oparin-Haldane theory).	~4.0–3.8 billion years ago	Amino acids, nucleotides, simple lipids	
2. Formation of Protocells	Organic molecules self-organized into <b>protobionts</b> or protocells (membrane-bound) with basic metabolism.	~3.8 billion years ago	Coacervates, microspheres	
3. First Microbial Life (Prokaryotes)	Formation of simple, single-celled anaerobic prokaryotic cells that could survive without oxygen.	~3.5–3.8 billion years ago	Archaea (e.g., methanogens)	
4. Photosynthetic Microbes	Evolution of <b>cyanobacteria</b> that could perform photosynthesis, producing oxygen as a by-product.	~3.0–2.5 billion years ago	Cyanobacteria (blue-green algae)	
5. Oxygen Revolution (Great Oxidation Event)	Oxygen accumulated in atmosphere due to cyanobacteria; changed Earth's chemistry & enabled complex life.	~2.4 billion years ago	Atmospheric transformation, ozone formati	ion
6. Eukaryotic Cells Appear	Larger, complex cells with organelles evolved via <b>endosymbiosis</b> (mitochondria & chloroplasts from bacteria).	~2.0 billion years ago	Early protists	

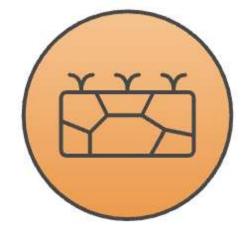
### Which ancient life form offers the most significant insights into Earth's evolution?





Cyanobacteria

Pioneered oxygenic photosynthesis



**Stromatolites** 

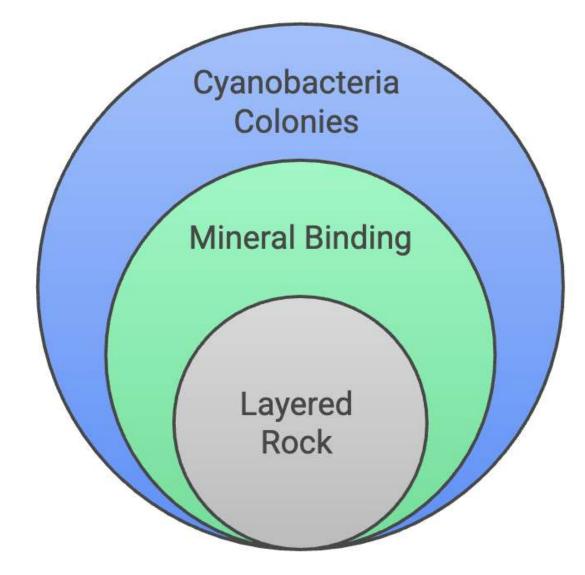
Formed layered rock structures

#### **Stromatolite Formation**

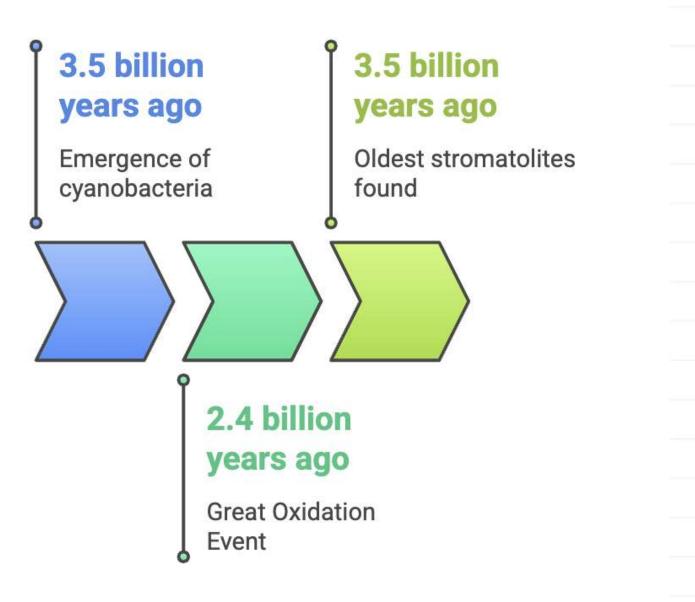
Core microbial communities

Process of trapping and binding minerals

The final hardened structure



#### Ancient Life Forms and Earth's Oxygenation



### WHERE ARE THE OLDEST LIVING ANIMALS?

From deep sea beasts born before Shakespeare to ageing Asian elephants, the oldest living examples of different animals can be found in every corner of the globe.

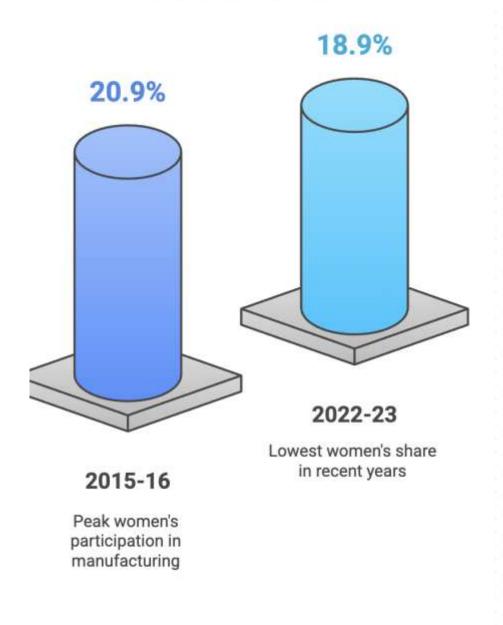


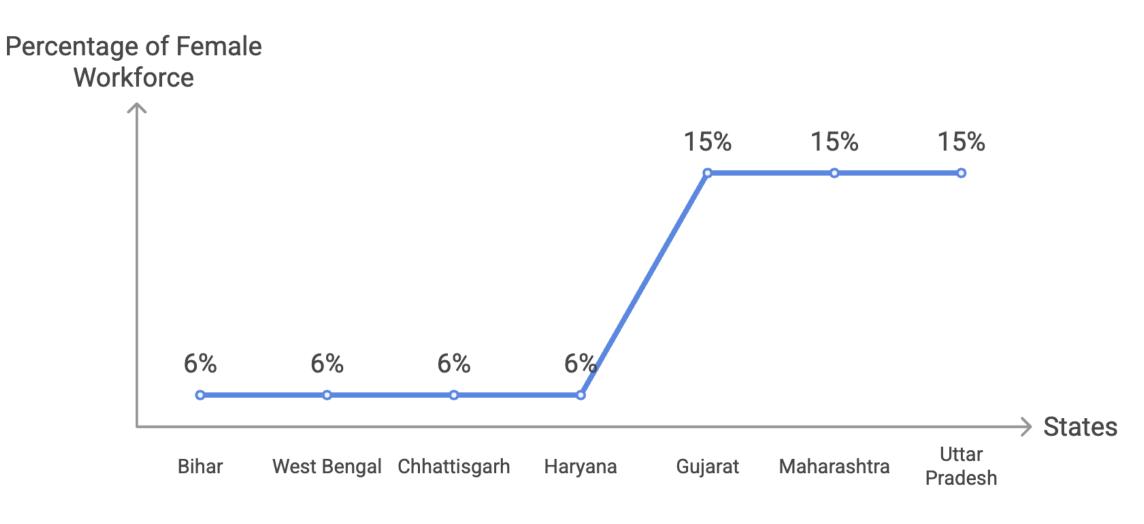




# Women in Manufacturing Sector in India

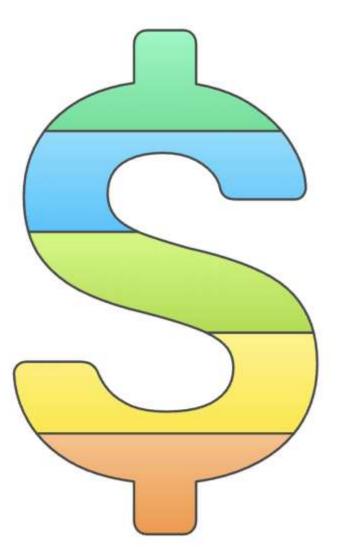
Decline in Women's Share in India's Manufacturing Sector





#### Female Workforce in Formal Manufacturing

#### Overview of India's Manufacturing Sector





#### **GDP Contribution**

Contributes ~20% to India's GDP



#### **Female Participation**

Decreased from 20.9% to 18.9%

#### **Tamil Nadu's Dominance**

Employs 41% of women in formal manufacturing



#### **Informal Sector**

Women make up 43% of the workforce



#### **Gender Gap**

States with low female workforce participation

#### India's Sector-wise GDP Composition (2013–14 vs. 2023–24)

Sector 20	013–14 (% of GVA)	2023–24 (% of GVA)
Agriculture & Allied 13.	.9%	17.7%
Industry 26	6.1%	27.6%
Services 59	9.9%	54.7%



GDP is calculated by NSO (National Statistical Office) under the Ministry of Statistics and Programme Implementation.



India's **base year for GDP** is **2011–12**.



GDP does **not include black economy**, unpaid work, or illegal economic activity.



GVA (Gross Value Added) + Taxes – Subsidies = GDP

### **India's GDP – Key Data (2023–24)**

Parameter	Value
GDP (Nominal)	₹296.58 lakh crore (approx.)
GDP (in USD)	\$3.73 trillion (approx.)
Rank (Global)	5th largest economy
Per Capita GDP (Nominal)	~\$2,610 (2023–24 est.)
GDP Growth Rate (2023–24)	~7.6% (Real GDP at constant prices)

Source: Ministry of Finance, Economic Survey, RBI

# Word of the day

### Invective:

abusive or venomous language used to express blame or deep-seated ill will

Synonyms: vitriol, vituperation

**Usage:** She misunderstood and hurled a stream of invective at me.

Pronunciation: newsth.live/invectivepro

International Phonetic Alphabet: /ɪnˈvɛktɪv/

# Thank you guys.